

ISSUES OF FORMATION OF SPIRITUAL AND MORAL QUALITIES IN ADOLESCENTS BY MEANS OF MUSIC

Ernazarova Shoira

ziyonetvilly@gmail.com

Institute of Social and Spiritual Research under the Republican Spirituality and Enlightenment Center (Tashkent, Uzbekistan)

Ernazarova Шоира Нарзуллаевна

ziyonetvilly@gmail.com

Институт социальных и духовных исследований Республиканского центра духовности и просветительства (Ташкент, Узбекистан)

Abstract. The general focus of modern civilization on achieving and obtaining material wealth as the leading values of human life has currently given rise to a spiritual and moral crisis in our society, especially among teenagers. Negative social phenomena like the rise in child crime, the issue of loneliness and orphan hood, and the demographic crisis stem, among other things, from the erosion of the worldview's moral foundation. In a dynamically modernizing society, the values of mass culture promoted by music play a significant role as an influencing factor in education. Pseudo-values distort and replace the traditional moral values of national culture, shaped over centuries of experience in our pedagogy. Idols from mass pop culture serve as life examples for modern teenagers, forming cliches of behavior that have become commonplace among them.

This article describes in detail the art of music, its role in the lives of adolescents and society, its importance in the spiritual and moral education of the individual. The philosopher also cites the conclusions and opinions of the scientists on which they are based. Through music, the issues of the formation of spiritual and moral qualities in adolescents were analyzed and conclusions were drawn.

Keywords: Music, spiritual and moral qualities, worldview, aesthetics, spiritual heritage, emotions, aesthetic education, perception, culture, taste.

Music expresses human emotions, aspirations, desires in a specific artistic language and actively influences human emotions. Music is both a science and an art.

B.V. Asafyev

Introduction

As we all know, today humanity lives in harmony, an important role in this, is played by the influence of the media, the educational process, cultural and educational activities, and the social environment. The influence of the era of global-

ization and information technologies in our current life on the spiritual and moral culture of society worries the intelligentsia.

President of the Republic of Uzbekistan Sh.M. Mirziyoyev, taking into account the current situation, argues that special attention to the education of young people in the current difficult conditions is a requirement of the time: «Educating young people with high moral, modern knowledge and professions, with their own independent opinions, in the spirit of national and universal values is one of the most important questions for us today. In this regard, we rely on our national traditions that have been formed over the centuries, on the rich spiritual heritage of our ancestors» [1, p. 89].

Most of the ideas in the spiritual heritage of our ancestors are dedicated to the issues of establishing high spiritual qualities in society, educating our people, including young people, in the spirit of respect for universal values, loyalty to the Motherland, and the formation of basic spiritual and moral qualities. It is known that there are several factors in the upbringing of spiritual and moral qualities in adolescents. For example, literature, all forms of art, mass media, national spirituality, national idea, spiritual heritage, cultural values, ancient historical monuments, etc. Among these factors, the significance of national oral folk art and musical art is incomparable.

Musical art, as a cultural phenomenon, has boundless possibilities for the upbringing and development of the younger generation, the development of their spiritual and moral qualities. Young people who are passionate about music have a high attitude towards life, respect for national traditions, national and universal values, actively participate in creating an atmosphere of creativity and creativity in society, and have a beautiful aesthetic education. How does aesthetic education manifest itself? What should be paid attention to in order to shape the aesthetic education of young people and adolescents?

Methodology

The principle of unity of historicity and logic was taken as the basis for the justification and analysis of the article. Historical-comparative, critical analysis, systematicity, analogy and research methods were used.

Musical Art and its Role in Aesthetic Education

One of the ways to form an aesthetic culture among teenagers is art. In particular, musical art occupies a special place in this regard. Historian Bahrom Irzaev talks about the influence of musical art on improving the level of aesthetic education:

«The importance of musical art in enhancing the aesthetic education of a person is special; it is a means of education with great impact, music gives life-giving power to the human psyche, develops feelings of humanity in his worldview. It is

impossible to talk about spiritual perfection without developing a sense of beauty in a person. That is, samples of artistic creativity that have historically been formed in the society in which a person lives, in the community, in people, and are practiced in a certain period (painting, music, sculptural samples, literature, etc.) Until he can feel the beauty embodied in him, he cannot be called a spiritually perfect person». Therefore, music also plays an important role as a means of educating spiritually competent people.

The great thinkers notes that the importance of music and musical education in the upbringing of a mature, harmonious personality is incomparable in all respects: «... whoever turns to the art of music will never tarnish its name... exalted by the influence of music, he brings great benefits to himself, his homeland, does not balance anywhere, everywhere strictly adheres to harmony, wisdom and order» [2, p. 19].

The Role of Music in the Spiritual and Moral Development of Adolescents

Music education, being one of the main and complex areas of aesthetic education, teaches you to perceive and appreciate the beauty around you correctly. Music equips a person with high taste, forming his spiritual worldview. Music has the potential to have a strong influence on human emotions, being an important means of introducing teenagers to the world of sophistication and their ideological and moral education.

The allusions of thinkers, musicologists and scientists to the possibilities of music's influence on the human psyche have long attracted attention. Philosophers, psychologists, educators and public figures have tried to identify within the framework of art those properties of musical art that affect the maturation of a person as a person.

Since time immemorial, there have been opinions about the influence of music, especially its components – rhythm and melody.

Until ancient times, the Greek philosopher Plato exalted him in his teaching about the influence of musical art on a person's mood, changing his inner world: «... music is an integral part of the doctrine of the state; melodies glorifying a person should sound in the state. The power of the state directly depends on what kind of music, what melody and what rhythm it sounds like. The state needs music to help elevate a person», says Arastu, «music is an offshoot of the theory of poetry,» «music brings a person closer to society, heals spiritually, listening, heals the body» [3, p. 32].

According to Al-Kindiyah (801-866), who was nicknamed the «Arab philosopher», «music corrects the morality of those who have lost their balance and keeps them from evil.» At the same time, music claimed to have the ability to form feelings of goodness in people's hearts, to guide them to live a healthy life.

Music equips a person with high taste and gives him spiritual nourishment. In ancient China, music was considered a symbol of order and civilization and an

essential tool of education and was included among the disciplines that needed to be studied. Moreover, in India, in ancient times, doctors used music as a means of healing. In the East, a mature thinker, medical scientist Abu Ali ibn Sina, in his work «Kitob ash shifo», noted the art of music as a healing tool, devoting an entire section to the interaction of music and pulse in his work in the Komushi language «Kitab ash -shifo». Ancient Arab doctors, on the other hand, claimed that music could penetrate into a person's soul and heal his body, and tried it in practice, witnessing positive changes [4].

As for the influence of music on the spiritual and moral education of adolescents, there are usually two different approaches:

Firstly, music is a phenomenon that motivates a person to act and cleanses spiritually. Music is the art of direct and intense emotional impact, which provides invaluable opportunities for the development of human creative abilities, serves to expand the worldview of young people, awareness of their identity and motivation.

Music helps people understand each other, embodies social ideals, and helps everyone find meaning in life.

Secondly, music, as a cultural and spiritual asset, is becoming even closer to the processes of education. Music is perfected through aesthetic emotions such as listening, feeling, reacting, enjoying, or being upset. With the help of music, moral and aesthetic education is carried out, as well as teenagers' understanding of beauty. Music affects a person through images reflecting the life around him, while it is not an objective image of the world, but the perception of human feelings and thoughts.

The types of art whose aesthetic phenomena are music, painting, theater, poetry, show an artistic reflection of life. In particular, music encourages people to understand each other, awakens in them a sense of affection, devotion, and helps to understand the meaning of life. In short, music is an instrument that has a strong emotional impact on the development of human creativity. Music, directly affecting the feelings of a teenager, elevates his moral character. For example, a sung song about the native land evokes a feeling of love for the motherland, a sung song about parents' forms qualities of respect for them. Alternatively, national dances and songs of different peoples arouse interest in their traditions, and contribute to the development of such spiritual processes as tolerance. By listening to music, analyzing its content in the process, and being able to express one's attitude, the enrichment of her spiritual world is achieved.

Thus, musical activity affects the formation of the spiritual and moral qualities of a teenager's personality, stimulates their activity, independence, causes a variety of emotional experiences, creates an upbeat mood, restores wonderful impressions, lays the first foundations of personality culture in the future. The famous philosopher V.G. Belinsky notes that "the influence of music on children is useful, and the sooner they begin to experience it, the better for them» [5].

Psychologists say that the faster music penetrates into a person's soul and life, the deeper and clearer it takes its place in his soul. Because musical abilities de-

velop faster than other abilities, emotional sensitivity increases, helps to focus, and socialization in society accelerates. The spiritual world is getting richer.

The phenomenon of spirituality unites faith, reason, will in a person, and embodies the virtues of goodness, vigilance, purity, chastity, patriotism, Aryanism, Andish, initiative, justice, tolerance. Now it is not difficult for us to understand what our young people lack in these qualities...

The Influence of Music on the Development of Aesthetic Taste and Spiritual Culture

The perception, comprehension and impact of music on the human mind requires high skill from both the creator of music and the performer of music, and most importantly, from the shaper of the lyrics, in order to be positive. That is why the lyrics of a song should be created in such a way that its ideological content affects not only the feelings, but also the minds of listeners, making them worry and think, observe, able to influence their worldview, create an aesthetic taste acquired by an individual and social character. Listening to music affects people's psyche, emotions, and mood more than its performance. We know that «aesthetic taste is not an innate ability, but rather a product of the influence of the outside world and upbringing aimed at a specific goal.

It is important to remember that in perfecting a subtle, delicate, pleasant taste, a person's worldview and knowledge are important." Having a real individual musical taste is one of the most important qualities of every person. Because the spiritual world of this or that person manifests itself in taste.

A teenager with a high musical taste not only understands art, that is, singing, but also appears to be a perfect person capable of appreciating the beauty of life, fighting all evil ideological ideas and moral vices.

The musical culture of a personality is manifested in a complex of qualities such as abilities, knowledge, skills, the ability to evaluate one's musical works, and serves as a factor of spiritual uplift. Therefore, it is advisable to start structuring this type of education primarily with the family.

The possibility of music influencing a person's health, emotional state, and the positive impact of musical experiences in the process of listening to and performing it has been repeatedly confirmed both in medicine and in psychology and other sciences.

Music is an incomparable divine blessing that encourages a person to lead an active lifestyle, giving strength to the creative pursuit of new dreams and plans, giving him a rest to his body and psyche and increasing his spiritual culture.

«Our society needs not only to form a harmonious person, but also to increase the favorable opportunities that society creates. A favorable environment in society and the opportunities for the development of human talents and abilities in it, guarantees of his constitutional and legal rights in practice are the most important and

necessary factor in the formation of a harmonious person. Where there are no such factors, a spiritually perfect person will grow up.” Indeed, factors are as necessary for the upbringing of a spiritually perfect person as water and air. In addition, in Uzbekistan, there are favorable opportunities and factors for this. Only if it can be used wisely will the goal be easily achieved [6].

Conclusion

Summing up, we can say that the importance of musical education and musical perception in the comprehensive harmonious, spiritual and moral education of a person’s personality is invaluable. Especially among teenagers in a difficult modern era, the upbringing of such kind feelings as love for the Motherland, devotion to the Motherland, respect for parents, the right attitude to nature, the preservation of national values, the development of the culture of the ability to listen to music correctly is such an important task.

Today, the education of young people with high spiritual and moral qualities is the main driving force of ongoing reforms in the field of education. When forming such moral qualities as humanity, dedication, politeness, honesty, hard work, patriotism, responsibility, eloquence, literacy, perseverance, discipline, nobility, which are symbols of high spirituality, it is important, first, to create and strengthen a healthy spiritual environment and use musical instruments in this.

Secondly, music is a factor that leads a person to spiritual values; it acts as an effective weapon of aesthetic education, elevating the spiritual world of a person, her moral goals.

Thirdly, music is primarily directly related to human emotions, demonstrates high humanity and spiritual purity. The art of music requires from those who practice it, high humanity, spiritual purity and aesthetic taste. Music has such a power of educational influence that the images embodied in the ideas of music and its melodies are revived in the inner spiritual experiences, imagination and imagination of the listener, are of great help in achieving spiritual, moral and aesthetic perfection, awaken human qualities.

Fourthly, the content of the music reflects the mentality of every nation, people, nation, helping to form in the minds of young people a sense of pride for their great ancestors and for the fact that they are children whose future is worthy of a great country. In their hearts, love for the Motherland, mutual respect between peoples, devotion to the ideas of independence, serves to strengthen feelings of humanity.

According to President Sh. Mirziyoyev: «Today, spirituality must go ten steps ahead of other spheres, spirituality must become a new force, a new movement» [7]. Spirituality is leading the way, turning into a movement, in the hands of an enlightened intelligentsia. Thus, educating the younger generation in the spirit of patriotism and a new worldview, in the spirit of devotion to the national idea, na-

tional and religious traditions, self-expression, preservation of interethnic harmony and religious tolerance, if propagandists of spirituality and intellectuals use music, we will achieve a positive effect of another factor in increasing spirituality.

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Transliteration

- 1 Sh.M.Mirziyoyev. Milliy taraqqiyot yo‘limizni qat’iyat bilan davom ettirib, yangi bosqichga ko‘taramiz [Resolutely Continuing our Path of National Development, We Will Raise it to a New Level]. – Toshkent: “O‘zbekiston”, 2018. – B.89.
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Ernazarova Sh.N.

Музыка арқылы жасөспірімдердің рухани-адамгершілік сапаларын қалыптастыру мәселелері

Аңдатпа. Қазіргі қоғамда материалдық игіліктерге деген құмарлық адамгерші-лікке бағытталған тәрбиенің орнын басып бара жатыр. Бұл жағдай, әсіресе, жастар арасындағы

рухани және адамгершілік дағдарыстарға әкеліп соғуда. Балалар арасындағы қылмыстың артуы, жалғыздық пен жетімдік мәселелері, демографиялық дағдарыс сияқты әлеуметтік құбылыстардың артуы осының айқын дәлелі. Бұқаралық мәдениетте таралатын музыка жастардың санасына үлкен әсер етіп, олардың дүниетанымына, мінез-құлқына тікелей әсер етеді. Көп жағдайда бұл теріс әсер етеді. Псевдокұндылықтар ұлттық мәдениеттің дәстүрлі адамгершілік құндылықтарын бұрмалайды.

Бұл мақалада музыка өнерінің жасөспірімдердің рухани-адамгершілік тәрбиесіндегі рөлі жан-жақты қарастырылады. Философтардың пікірлеріне сүйене отырып, музыка арқылы жастардың рухани-адамгершілік қасиеттерін қалыптастыру мәселелері талданып, қорытындылар жасалады.

Түйін сөздер: музыка, рухани-адамгершілік қасиеттер, дүниетаным, эстетика, рухани мұра, сезім, эстетикалық тәрбие, қабылдау, мәдениет, талғам.

Ерназарова Ш.Н.

Вопросы формирования духовно-нравственных качеств у подростков средствами музыки

Аннотация. Общая направленность современной цивилизации на достижение и получение материальных благ как ведущих ценностей человеческой жизни породила в настоящее время духовно-нравственный кризис в нашем обществе, особенно среди подростков. Негативные социальные явления, такие как рост детской преступности, проблема одиночества и сиротства, демографический кризис, обусловлены, в том числе, эрозией моральных основ мировоззрения. В динамично модернизирующемся обществе ценности массовой культуры, пропагандируемые музыкой, играют значительную роль как фактор воздействия на образование. Псевдоценности искажают и подменяют традиционные нравственные ценности национальной культуры, сформированные многовековым опытом нашей педагогики. Кумиры массовой поп-культуры служат жизненным примером для современных подростков, формируя штампы поведения, ставшие среди них обыденностью.

В этой статье подробно рассказывается о музыкальном искусстве, его роли в жизни подростков и общества, его значении в духовно-нравственном воспитании личности. Философ также цитирует выводы и мнения ученых, на которых они основаны. Посредством музыки были проанализированы вопросы формирования духовно-нравственных качеств у подростков и сделаны выводы.

Ключевые слова: Музыка, духовно-нравственные качества, мировоззрение, эстетика, духовное наследие, эмоции, эстетическое воспитание, восприятие, культура, вкус.